

## Zion Farmers Market KidCraft

# Paper Plate Roses



These pretty paper plate roses are simple enough for little kids and they look almost as good as a real rose.

### **Supplies**

red paper plates paints, crayons, pencils or coloured marker pens scissors stapler

### **Instructions**

Trim the edge of the plate with the scissors, so that you are only working with the flat part in the centre.

Cut a "snail" into your paper plate. It does not need to be perfect. Your snail can be lumpy.

If you have a hard time free-cutting, lightly draw the snail onto the plate to cut along. You won't see the pencil line when the flower is finished.

Finish the spiral at the centre with a small circle (about 1.5cm diameter).

Now go to the pointy bit, where you started cutting, and curl the spiral around your finger.

You want to make this as tight as possible.

Keep curling until you get to the small circle at the end. Now pull the pointy bit through the centre of the rose and staple it to the small circle at the end of the spiral.

#### Rose Facts for Kids

Check out our fun rose facts for kids. Learn how many species of rose there are, how the rose has been used throughout history, where the scent of a rose comes from, and much more.

- There are over 100 species of the rose.
- We usually call the sharp spikes on the stem of a rose bush "thorns".
  But these are in fact technically prickles.
- The flowers of most species of rose have five petals except for the species 'Rosa sericea' which has only four.
- The name "Rose" is often used as a girl's name in English speaking countries.
- For hundreds of years the rose has been widely recognized as a symbol of love, sympathy or sorrow.
- The rose is most commonly used as an ornamental plant grown in the garden for its beautiful flowers.
- The rose can be used in perfumes. The nice scent of the rose comes from microscopic perfume glands on the petals. Sometimes rose petals are also dried and packed for commercial use as decoration or for scent.
- Because they're low-maintenance and nice to look at, rose shrubs (classified as a shrub even though some don't look like shrubs for example the climbing rose) are used as landscape plants for hedging (the thorns can discourage intruders) or planted on hillsides as a slope stabilizing method to stop soil erosion.
- The fruit of a rose is called a rose hip. The berry-like hip are usually red in color but some can be dark purple or black.
- Rose hips of some species are extremely rich in vitamin C, because of this the hip is sometimes made into jam, jelly, or brewed for tea. The hip also has minor medicinal uses, used in food supplements and can be pressed or filtered to make rose hip syrup. Hip seed oil is also used in skin products and makeup products.
- Historically the rose was of great importance to the Romans and Egyptians. Romans would use them as room decorations, or wear them on string around their neck and anything which was said "under the rose" was deemed to be a secret. The famous Cleopatra of Egypt was believed to have covered the floor of her palace room with roses before Mark Antony visited her.
- The rose can come in all colors although a "black rose" is not actually black it is usually a dark red. Each color has a different meaning or symbolises something different to us for example red means love, orange - desire, yellow - joy etc.
- Traditionally England is signified by the rose, it is the country's national flower. The rose came to prominence there during the 'Wars of the Roses', 1455 to 1485 when the house of Lancaster was represented by the red rose and fought against the house of York which was represented by the white rose.
- In 1986 the rose also became the floral emblem of the United States. It is the official flower of four states including the state of New York, Iowa, North Dakota and Georgia.